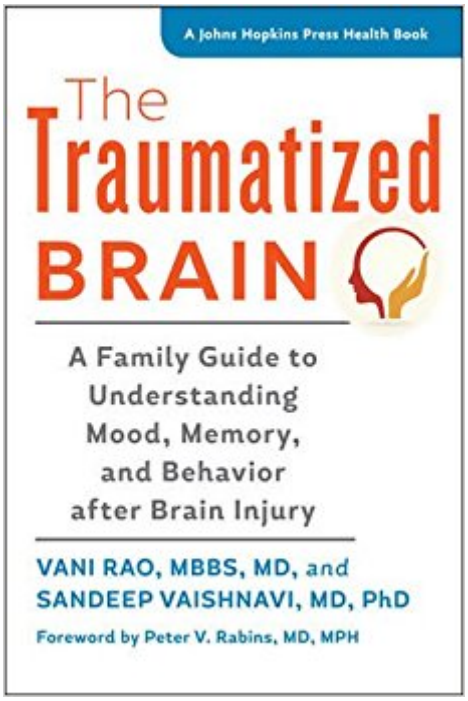
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The Traumatized Brain: A Family Guide To Understanding Mood, Memory, And Behavior After Brain Injury (A Johns Hopkins Press Health Book)



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Synopsis

A traumatic brain injury is a life-changing event, affecting an individualÃ¢â ¬â„¢s lifestyle, ability to work, relationshipsÃ¢â ¬â ¢even personality. Whatever caused itÃ¢â ¬â ¢car crash, work accident, sports injury, domestic violence, combatÃ¢â ¬â ¢a severe blow to the head results in acute and, often, lasting symptoms. People with brain injury benefit from understanding, patience, and assistance in recovering their bearings and functioning to their full abilities.In The Traumatized Brain, neuropsychiatrists Drs. Vani Rao and Sandeep VaishnaviÃ¢â ¬â ¢experts in helping people heal after head traumaÃ¢â ¬â ¢explain how traumatic brain injury, whether mild, moderate, or severe, affects the brain. They advise readers on how emotional symptoms such as depression, anxiety, mania, and apathy can be treated; how behavioral symptoms such as psychosis, aggression, impulsivity, and sleep disturbances can be addressed; and how cognitive functions like attention, memory, executive functioning, and language can be improved. They also discuss headaches, seizures, vision problems, and other neurological symptoms of traumatic brain injury. By stressing that symptoms are real and are directly related to the trauma, Rao and Vaishnavi hope to restore dignity to people with traumatic brain injury and encourage them to ask for help. Each chapter incorporates case studies and suggestions for appropriate medications, counseling, and other treatments and ends with targeted tips for coping. The book also includes a useful glossary, a list of resources, and suggestions for further reading.

Book Information

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Customer Reviews

"We can thank Drs. Rao and Vaishnavi for this remarkable contribution to patients, families, and clinicians. Few professionals, doctors included, know how to deliver their highly informed knowledge and experience in ways that lay readers can comprehend and use." (New York Journal of Books)"Individuals who have experienced a TBI, as well as their families, will find this book useful and comforting, both for its clear explanations and its clinical guidance." (Library Journal)"The Traumatized Brain puts victims and their families back in command: rewiring the brain, reshaping behaviors, inspiring compassion, and restoring oneÃ¢â ¬â„¢s sense of self." (Examineer.com)"An approachably human and effectively informative book on a complicated and painful injury." (Johns Hopkins Magazine)" The Traumatized Brain remains a valuable resource for brain-injured clients and their caregivers, and it can help bridge the language reference gap between providers and patients." (PsycCRITIQUES)"Authors Vani Rao and Sandeep Vaishnavi write with a sense of warmth and care that is certain to help those who want to learn more about a timely subject...very accessible for a wide range of readers and an excellent resource." (American Reference Books Annual)" The Traumatized Brain is a great resource for anyone with a loved one who has suffered a traumatic brain injury (TBI). Whether youÃ¢â ¬â„¢re a caregiver, co-worker,Ã Â friend, or survivor, this book is filled with useful information to help you understand and be prepared for the different symptoms of TBI and how TBI affects the brain." (Amy Zellmer, writer, photographer, and TBI survivor)"This book will challenge and encourage the reader. Whether an interested lay person, a caretaker, a family member, or a professional in the medical, nursing, or social work fields, readers will find this pioneering book a useful guide to the complexities of traumatic brain injury." (From the Foreword by Peter V. Rabins, MD, MPD, Johns Hopkins University School of Medicine, coauthor of The 36-Hour Day: A Family Guide to Caring for Persons with Alzheimer Disease, Related Dementing Illnesses, and Memory Loss in Later Life)"If ever there was a book that truly could save your life it would be this one. Drs. Rao and Vaishnavi have written a critical manual for parents, family, essentially anyone, to help recognize and explain the warning signs of a TBI.Ã Â Without visible symptoms, sufferers have long remained silent or been deemed 'crazy,' but this important book not only details the physiological, cognitive and behavioral changes in the brain, it offers hope through treatment." (Bob Woodruff, ABC News Journalist)"We are faced with an epidemic of traumatic brain injury (TBI) among victims of sports, accidents, and wars. The cognitive, emotional, and behavioral consequences of such injuries are varied and complex. Using a contemporary understanding of cognitive neuroscience and a gift for distilling complex ideas, Drs. Rao and Vaishnavi present a clear and coherent picture of TBI. Informed by their own substantial clinical

expertise, they also offer practical advice, making this guide essential reading for caregivers and family members as well as the general clinical practitioner." (Anjan Chatterjee, MD, FAAN, University of Pennsylvania, author ofÃ Â The Aesthetic Brain:Ã Â How We Evolved to Desire Beauty and Enjoy Art)"Doctors Rao and Vaishnavi have written a valuable and timely book that is long overdue.Ã Â It contains not only an excellent summary of TBI and its effects, but also strategies to deal with those effects.Ã Â I highly recommend this excellent book." (Thom Mayer, MD, Medical Director, NFL Players Association)

Vani Rao, MBBS, MD, is an associate professor and the director of the Brain Injury Clinic and the Behavioral Neurology and Neuropsychiatry Fellowship Program within the Department of Psychiatry and Behavioral Science at Johns Hopkins University School of Medicine. Sandeep Vaishnavi, MD, PhD, is the director of the Neuropsychiatric Clinic at Carolina Partners. He is a neuropsychiatrist at the Preston Robert Tisch Brain Tumor Center, Duke University Medical Center, and is affiliated with DukeÃ¢â ¬â„¢s Departments of Psychiatry and Community and Family Medicine.

I purchased THE TRAUMATIZED BRAIN on after it was selected and reviewed in JOHNS HOPKINS MAGAZINE as an approachable and effectively informative book on a complicated and painful injury.Drs. Vani Rao and Sandeep Vaishnave’s THE TRAUMATIZED BRAIN made the origins, causes, symptoms, up to date treatment options for traumatized brain injury (TBI) understandable to a layperson. I realized the "big picture" of the structure and function of the human without using a medical dictionary.The authors’ ultimate goal is to help the Traumatic Brain Injured (TBI) survivor, and/or the caretakers, family members, and the professionalspecialists in the medical, nursing, and social work fields best assist the TBI survivor to learn how to recover from the trauma of brain injury. THE TRAUMATIZED BRAIN will encourage removal of remnants of lingering stigma still associated with psychiatry and mental illness.Professional specialists in the medical, nursing, and social work fields will gain education about exciting developments still in the research stage. I read this page turning THE TRAUMATIZED BRAIN one time so far. I intent to reread. I found this book helpful for my own emotional and mood problems. Reading THE TRAUMATIZED BRAIN is a journey with the authors exploring the structure and function of the brain, the various ways traumatic brain injury affects the brain, and the emotional, behavioral, cognitive, and general neurological symptoms of THE TRAUMATIZEDBRAIN.

My son has a severe TBI. Even after 20 years there were new items in this book that I learned.

Very interesting book. This book is very useful and clear. I have TBI and this open my eyes on how serious is TBI.

Very informative and helpful for those with a loved one dealing with a TBI. I wish I had this book several years ago to help understand what my son was/is going though after suffering a head injury due to a car wreck. Written in a way to easily comprehend it answered a lot of questions for me and helped me understand what my son has been going through. The information comes from two well experienced doctors in the field of head trauma. I will be passing this book on to other family members to better inform them of what my son is experiencing.

Used for school - Blah!

Great for clinicians to recommend to families that have a loved one with a TBI!

The Traumatized Brain is a complete book that medical professionals as well lay people and families who have witnessed the suffering of their loved ones will enjoy reading. It is an educational guide with diagrams that help readers understand how traumatic brain can be disabling. I thoroughly enjoyed the guidance provided to the families of brain injured people. The cases described vividly capture the journey of these suffering patients and their families.

Finally, somebody gets it!

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